

## Schedule of Publications

Report	Author	Description	Pub Date	Publishing journal
<b>GENERAL</b>				
Does Labeling Matter? An Examination of Attitudes and Perceptions of Labels for Mental Disorders <a href="http://link.springer.com/article/10.1007%2Fs00127-012-0532-7?LI=true">http://link.springer.com/article/10.1007%2Fs00127-012-0532-7?LI=true</a>	Szeto, A. C. H., Luong, D., & Dobson, K. S.	This paper examined how different general labels for mental illnesses (e.g., mental disorders, mental health problem) had on one's stigmatizing attitudes. We also compared these labels to the specific illness of depression. The results showed that the different labels elicited similar levels of stigmatizing attitudes with the exception of depression which was viewed most negatively. Some findings also suggest peoples' understanding of the terms may be incorrect.	April 2013	Social Psychiatry and Psychiatric Epidemiology
<b>WORKPLACE</b>				
Reducing the Stigma of Mental Disorders at Work: A Review of Current Workplace Anti-Stigma Intervention Programs <a href="http://www.sciencedirect.com/science/article/pii/S0962184911000047">http://www.sciencedirect.com/science/article/pii/S0962184911000047</a>	Szeto, A. C. H., & Dobson, K. S.	Reducing the stigma of mental disorders...This paper reviewed various anti-stigma programs in the workplace. These programs originate from many different countries and take different forms, including traditional workshops to online e-learning courses. In general, more evaluations of these programs are needed. We also make suggestions for future program developers and evaluators.	April 2012	Applied and Preventive Psychology
Mental disorders and their association with perceived work stress: An investigation of the 2010 Canadian Community Health Survey <a href="http://psycnet.apa.org/index.cfm?fa=buy.optionToBuy&amp;id=2013-06791-001">http://psycnet.apa.org/index.cfm?fa=buy.optionToBuy&amp;id=2013-06791-001</a>	Szeto, A. C. H., & Dobson, K. S.		April 2013	Journal of Occupational Health Psychology

Report	Author	Description	Pub Date	Publishing journal
<b>HEALTHCARE</b>				
Reducing the stigma of mental illness in undergraduate medical education: a randomized controlled trial <a href="http://www.biomedcentral.com/1472-6920/13/141">http://www.biomedcentral.com/1472-6920/13/141</a>	Papish, A., Kassam, A., Modgill, G., Vaz, G., Zanussi, L. & Patten, S. B.	This study examined the impact of a one-time contact-based educational intervention on the stigma of mental illness among medical students and compared this with a multimodal undergraduate psychiatry course at the University of Calgary that integrates contact-based educational strategies. Attitudes towards mental illness were compared with those towards type 2 diabetes mellitus (T2DM).	October 2013	BMC Medical Education
The Development and Psychometric Properties of a New Scale to Measure Mental Illness Related Stigma by Health Care Providers: The Opening Minds Scale for Health Care Providers (OMS-HC) <a href="http://www.biomedcentral.com/1471-244X/12/62">http://www.biomedcentral.com/1471-244X/12/62</a>	Kassam, A., Papish, A., Modgill, G., & Patten, S. B.	The OMS-HC provides a good starting point for further validation as well as a tool that could be used in the evaluation of programs aimed at reducing mental illness related stigma by health care providers. The OMS-HC incorporates various dimensions of stigma with a modest number of items that can be used with busy health care providers.	June 2012	BMC Psychiatry
Perceived discrimination among people with self-reported emotional, psychological, or psychiatric conditions in a population-based sample of Canadians reporting a disability <a href="http://publications.cpa-apc.org/media.php?mid=1326">http://publications.cpa-apc.org/media.php?mid=1326</a>	Kassam, A., Williams, J., & Patten, S. B.	The results demonstrate that perceived discrimination and the presence of an emotional, psychological, or psychiatric condition frequently co-occur in people with a disability and therefore programs aimed at reducing the discrimination of emotional, psychological, or psychiatric conditions should take this into account.	Feb 2012	Canadian Journal of Psychiatry

Report	Author	Description	Pub Date	Publishing journal
Effectiveness of Contact-based Education for Reducing Mental Illness-related Stigma in Pharmacy Students <a href="http://www.biomedcentral.com/1472-6920/12/120">http://www.biomedcentral.com/1472-6920/12/120</a>	Patten, S. B., Remillard, A., Phillips, L., Modgill, G., Szeto, A. C. H., Kassam, A., & Gardner, D. M.	Contact-based education is an effective method of reducing stigma during pharmacy education. These results add to a growing literature confirming the effectiveness of contact-based strategies for stigma reduction in health profession trainees.	Dec 2012	BMC Medical Education
Mental health practice and attitudes of family physicians can be changed <a href="http://dx.doi.org/10.7812/TPP/13-033">http://dx.doi.org/10.7812/TPP/13-033</a>	MacCarthy, D., Weinerman, R., Kallstrom, L., Kadlec, H., Hollander, M. J., & Patten, S. B.	An adult mental health module was developed in British Columbia to increase the use of evidence-based screening and cognitive behavioral self-management tools as well as medications that fit within busy family physician time constraints and payment systems.	Summer 2013	The Permanente Journal
The Hidden Medical Logic of Mental Health Stigma <a href="http://anp.sagepub.com/content/early/2013/02/11/0004867413476758">http://anp.sagepub.com/content/early/2013/02/11/0004867413476758</a>	Ungar, T. & Knaak, S.	This commentary article suggests that stigma and discrimination among healthcare providers must be thought of as a logical by-product of mind-body dualism. We argue that this premise provides a logical basis for hypothesizing that, in contrast to what seems to work for the general public, presenting physicians with knowledge of the physiological components of mental illness might be an effective strategy for combating stigma among this professional group.	Feb 2013	Australian and New Zealand Journal of Psychiatry (ANZJP)
Mental health stigma and the mind-body problem: Making the case for strategic collusion <a href="http://anp.sagepub.com/content/early/2013/07/25/0004867413498279">http://anp.sagepub.com/content/early/2013/07/25/0004867413498279</a>	Ungar, T. & Knaak, S.		July 2013	Australian and New Zealand Journal of Psychiatry (ANZJP)

Report	Author	Description	Pub Date	Publishing journal
Improving mental healthcare by primary care physicians in British Columbia <a href="http://www.longwoods.com/content/22146">http://www.longwoods.com/content/22146</a>	Weinerman, R., Campbell, H., Miller, M., Stretch, J., Kallstrom, L., Kadlec, H., & Hollander, M. J.	This article describes a new and innovative training program to assist family physicians to better care for their patients with mental health conditions. Some 91% of physicians who attended the training indicated it improved their practice, and 94% indicated it improved patient care.	January 2011	Healthcare Quarterly
A pilot study of the effect of exposure to stand-up comedy performed by persons with mental illness on medical students' stigmatization of those affected <a href="http://www.ubcmj.com/pdf/ubcmj_5_1_2013_15-18.pdf">http://www.ubcmj.com/pdf/ubcmj_5_1_2013_15-18.pdf</a>	Jarvie, A. L., Buxton, J. A., Szeto, A. C. H., & Austin, J. C.	Students attended a presentation about a program that trains individuals with mental illness to perform stand-up comedy, and then interacted with the comedians in small groups.	Sept 2013	UBC Medical Journal
Workplace Anti-Stigma Initiatives: A Scoping Study <a href="http://ps.psychiatryonline.org/data/Journals/PSS/927180/694.pdf">ps.psychiatryonline.org/data/Journals/PSS/927180/694.pdf</a>	Malachowski, C. & Kirsh, B.	The purpose of this scoping study was to identify and describe the principles and characteristics embedded in workplace mental health anti-stigma initiatives. Stronger evidence for effective practices needs to be established through the use of standardized workplace-specific interventions, reliable and valid evaluation tools, and overall enhanced scientific rigor.	July 2013	Psychiatric Services
Reducing stigma toward people with bipolar disorder: Impact of a filmed theatrical intervention based on a personal narrative ( <i>abstract only available as open access</i> ) <a href="http://isp.sagepub.com/content/early/2013/12/17/0020764013513443">http://isp.sagepub.com/content/early/2013/12/17/0020764013513443</a>	Hawke, L. D., Michalak, E. E., Maxwell, V., & Parikh, S. V.	This study demonstrated that a filmed dramatic intervention based on the lived experience of BD has statistically significant, sustainable stigma-reduction impacts for healthcare service providers and more limited impacts for other target groups.	Dec 2013	International Journal of Social Psychiatry

Report	Author	Description	Pub Date	Publishing journal
<b>NEWS MEDIA</b>				
Trends in Newspaper Coverage of Mental Illness in Canada: 2005-2010	Whitley, R. & Berry, S.	Danger, violence and criminality were direct themes in 40% of newspaper articles. Treatment for a mental illness was discussed in only 19% of newspaper articles, and in only 18% was recovery or rehabilitation a significant theme. No significant change observed over time from 2005-2010 in any domain measured.	Feb 2013	Canadian Journal of Psychiatry
Book Chapter: "Stigmatizing Representations: Criminality, Violence and Mental Illness in Canadian Mainstream Media"	Whitley, R. & Berry, S.	An overview of relevant empirical evidence as it relates to media representations of mental illness, crime and violence, and an attempt to disentangle the alleged association between these variables.	In press, spring/summer 2013	U of T Press
Analyzing Media Representations of Mental Illness: Lessons Learnt from a National Project	Whitley, R. & Berry, S.		Jan 2013	Journal of Mental Health