



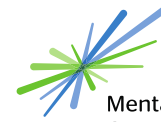
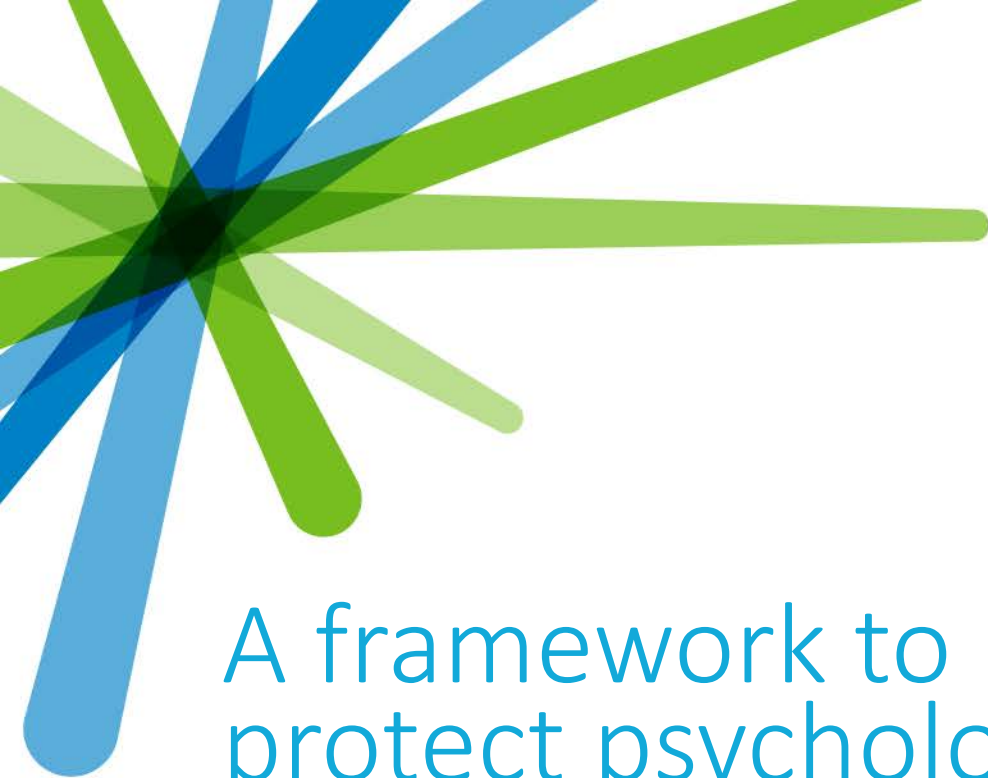
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Thank you for joining us today!
The webinar will begin shortly.

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A framework to promote and protect psychological health and safety of post-secondary students: the future workforce!

September 26th, 2018 12:00pm-1:00pm E.T.

ORDER OF EXCELLENCE



MENTAL HEALTH AT WORK® RECIPIENT



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Housekeeping Notes

The image shows a presentation slide on the left and a sidebar interface on the right. The slide features the Mental Health Commission of Canada logo in the top right corner. The main text on the slide reads: "A framework to promote and protect psychological health and safety of post-secondary students: the future workforce!". Below this, it says "September 26th, 2018 12:00pm-1:00pm E.T.". At the bottom right of the slide, there is a logo for the "ORDER OF EXCELLENCE" with the text "MENTAL HEALTH OF YOUNG PEOPLE" and "2017".

The sidebar interface on the right has a dark header with the text "MHCC Webinars". Below this is a "Files" section with a table with columns "Name" and "Size". There is a "Downloaded Files" section below the table. At the bottom of the sidebar is a "Q & A" section with a "Asked To" field. A red arrow points from the "Downloaded Files" section to the "Q & A" section.

At the bottom of the slide, there are navigation icons (back, forward, search) and a "Sync" button.

Introductions



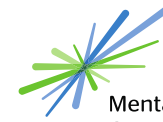
Susan Jakobson
Program Consultant, Post- Secondary
Student Standard, Mental Health
Commission of Canada (MHCC)



Verity Turpin, MEC, CPA, CMA
Assistant Vice-President, Student
Affairs, Dalhousie University



Shifrah Gadamsetti, Executive
Director, Council of Alberta
University Students (CAUS) and
member of the Canadian Alliance
of Student Associations (CASA)

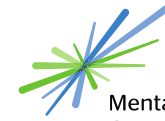


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Higher Education

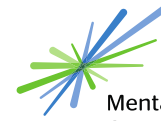




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NEED For A National Framework



CSA
Group



Bureau de normalisation
du Québec

CAN/CSA-Z1003-13/BNQ 9700-803/2013
National Standard of Canada

Psychological health and safety in the workplace —

Prevention, promotion, and guidance
to staged implementation

Disponible en français

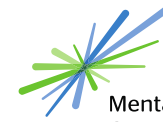
*Santé et sécurité psychologiques
en milieu de travail —
Prévention, promotion et lignes
directrices pour une mise en
œuvre par étapes*



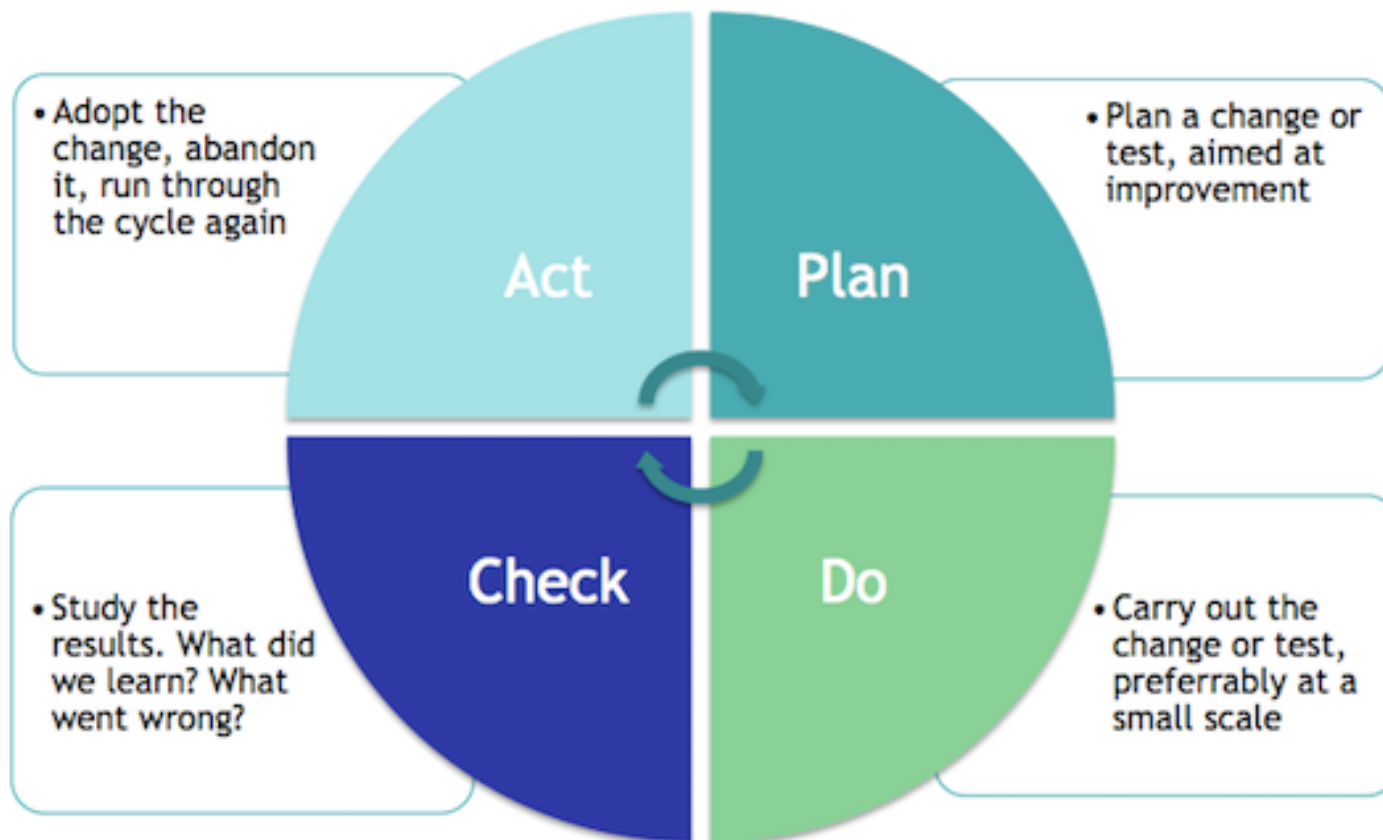
Commissioned by the
Mental Health Commission of Canada



Standards Council of Canada
Conseil canadien des normes

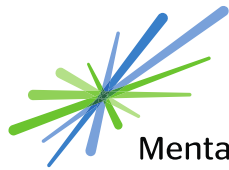


Process - Plan-Do-Check-Act



Establishment of Canada's first Standard for Psychological Health and Safety of Post-Secondary Students

Project Leads



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**CSA
Group**

Funding Partners

Other Partners



Bell
Let's Talk



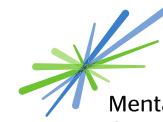
Colleges and Institutes Canada
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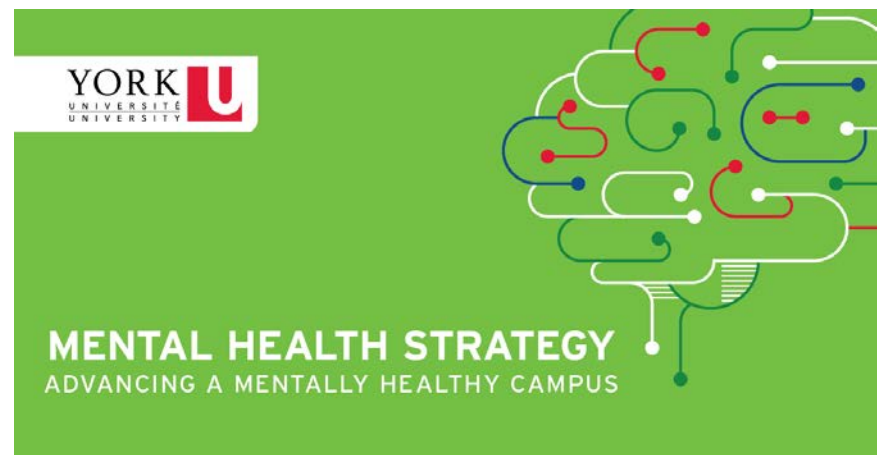
**Universities
Canada.** **Universités
Canada.**



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Building on Existing Work



Overall Goal: support student success

Establish a national Standard for post-secondary institutions to support student success through the development and implementation of a practical and flexible framework that enables institutions to protect and promote students' psychological health and safety.



Project Objectives



1. Development of a National Standard for Psychological Health and Safety of Post-Secondary Students



2. Stakeholder Engagement *INFORM-CONSULT-COLLABORATE-EMPOWER*



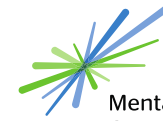
3. Tools and resources for institutions



4. Indicators for success



5. Uptake of the Standard by institutions



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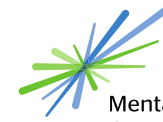
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Environmental Scan

Heather Stuart, PhD, Professor and Bell Canada Mental Health and Anti-Stigma Research Chair, Queen's University

- **Brooke Linden**, MA PhD Candidate and **Samantha Grey** MSc Student





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Stress on Campus



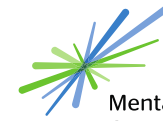
Stress

Distress



Impacts on
Academics





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Scoping Review Highlights



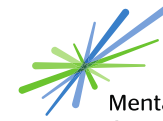
Special Subpopulations



Coping and Help Seeking



Programs/Interventions



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Key Themes and Needs

Campus
environment

Standard

Partnerships

Substance use
& harm
reduction

Whole-campus
approach

Student
centeredness

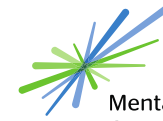
Prevention to
treatment

Knowledge
exchange &
evaluation plan

Anti-stigma &
awareness

Training

Monitoring



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MHCC Initiatives



The Inquiring Mind (TIM)



HEADSTRONG



Mental Health First Aid (MHFA)

**CSMC/
JCA:
SANTÉ DE LA
JEUNESSE
ARC-EN-CIEL**

Créer des espaces sécuritaires
pour les adultes émergents
LGBTQ2S+ dans les soins de santé

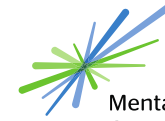
**MHCC/W2A:
RAINBOW YOUTH
HEALTH**

Creating Safer Spaces for LGBTQ2S+
Emerging Adults in Health Care

**NOVEMBER
8/9, 2018
OTTAWA, ON**

Mental Health Commission of Canada W2A

LGBTQ2S+ Emerging Adults
Mental Health Initiative

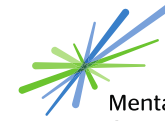


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Questions for our panel

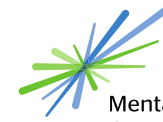
What mental health challenges do graduates experience while at school or as they enter the workplace?



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What can be done both in preparing students and the workplace to promote mental health of students today for tomorrow's workforce?



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What are your thoughts on how the workplace standard and the student standards could compliment each other to improve the mental health of tomorrow's workforce?

Questions



Get involved!

Check out: <https://www.mentalhealthcommission.ca/English/post-secondary-students-standard>

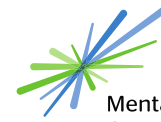
Email us: studentstandard@mentalhealthcommission.ca



How did we do?

You will receive an e-mail shortly with a satisfaction survey.





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Thank you!

webinar@mentalhealthcommission.ca

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 @theMHCC  /1MHCC

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