



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Protecting the Psychological Health and Safety of Volunteers

Webinar hosted by MHCC's Workplace Team

May 30th, 2018 12:00pm – 1:00pm

ORDER OF EXCELLENCE



MENTAL HEALTH AT WORK® RECIPIENT

Housekeeping Notes

- The Audio is provided in broadcast mode through your computer speakers.
- This webinar is being recorded.
- Ask questions to the presenters using the “Chat” pod
- The slides are available in the “File” pod on the right side. Click on the file and click “Download Files”.
- If you experience technical difficulties, contact Adobe Connect at **1-800-422-3623**.



Introductions



Sarah Jenner, Executive Director
Mindful Employer Canada

Mary Ann Baynton, Program Director
Great-West Life Centre for Mental Health in the Workplace

Coming Fall 2018

Mindful Leader Certificate

To be among the first to know more:

www.mindfulemployer.ca



@MEC_SarahJenner



@MindfulEmployerCanada

Protecting the Psychological Health and Safety of Volunteers

FREE TOOLKIT



How did this come to be?



Current support?



Policies

A man with a beard and glasses, wearing a plaid shirt and a tan apron, stands on the left. A woman with long brown hair, wearing a green plaid shirt and a green apron, stands on the right. They are both smiling and have their arms crossed. They are in a greenhouse filled with various colorful flowers in pots. A semi-transparent banner with the text "One-on-One" is overlaid across the middle of the image.

One-on-One

A smiling man with dark, wavy hair, wearing a light blue button-down shirt over a white t-shirt, stands in a clothing store. He is holding a rustic wooden sign with the word 'OPEN' written in white chalk. In the background, there are racks of clothes and a straw hat on a wooden stand.

Mental Health Resources

Before engaging...



A man with short brown hair and black-rimmed glasses, wearing a grey t-shirt and a tan apron, stands in a cafe with his arms crossed. He is smiling at the camera. In the background, there is a coffee machine, jars of coffee beans, and a large window looking out onto a bright, green outdoor area.

Productivity Review

Being a Mindful Employee: An Orientation to Psychological Health and Safety in the Workplace

www.ccohs.ca/products/courses/mindful_employee/

Understand the 13 psychosocial factors from the *National Standard of Psychological Health and Safety in the Workplace* and what you can do to help yourself and others in the workplace.

For More
Details...

Sarah Jenner

Executive Director

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Resources



MHCC

- The Aspiring Workforce: Employment and Income for People with Serious Mental Illness [EN](#) [FR](#)
- Strengthening the Case for Investing in Canada's Mental Health System [EN](#) [FR](#)

Our Presenters

Protecting the Psychological Health and Safety of Volunteers -Tool Kit

Questions?



How did we do?

You will receive an e-mail shortly with a satisfaction survey.



Thank you!



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