

Roots of Hope Early Adopters Backgrounder

Sooke, B.C.



Why Sooke is participating

We need to complete some additional community engagement before we can respond in full to this question.

What Sooke wants out of the program

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Why other communities should consider becoming an Early Adopter

Participating as an Early Adopter in the Mental Health Commission of Canada's Roots of Hope initiative means that communities don't have to go it alone in their efforts to prevent suicide. The Roots of Hope model offers a framework, informed by evidence and practice, that helps community members take important steps together in response to suicide. With the support of the commission, working alongside participants across the country will enable us to work in solidarity with the community as part of our efforts.

Why it's important to address suicide prevention at the community level

So many of the opportunities to address suicide prevention are contained within the community, including key organizations, relationships, and other assets that can be mobilized together. Communities are well-positioned with local knowledge and information about priorities and the key steps to address suicide prevention, and their replies can be responsive and tailored.

Why it's important for Sooke to combat stigma around suicide and mental health

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Contact information

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