

# Roots of Hope Early Adopters Backgrounder

## Halton Suicide Prevention Coalition



### Why Halton is participating

The Halton Suicide Prevention Coalition is eager to bring evidence-based practices to our community with the support of the Mental Health Commission of Canada and expand our role in bringing people and service providers together to prevent suicide.

### What Halton wants out of the program

We are hoping to network with other communities as well as build our local partnerships to plan and implement new approaches and strategies.

### Why other communities should consider becoming an Early Adopter

Working with the Mental Health Commission of Canada is an amazing opportunity for support and guidance, and the five pillars of Roots of Hope provide an excellent basis for planning and developing strategies.

### Why it's important to address suicide prevention at the community level

Anyone could be in a position to recognize that someone may be having thoughts of suicide, and increasing awareness, skills, and knowledge of resources is key to helping them know how to respond. We all have a role to play in preventing suicide.

### Why it's important for Halton to combat stigma around suicide and mental health

Stigma is a significant barrier for people when seeking the help they need. We want more people to feel safe reaching out for support.

### Contact information

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#### Website:

- <https://haltonspc.ca/>

#### Webcast:

- <https://haltonspc.ca/webcast/>

#### Social media:

- **Facebook:** <https://www.facebook.com/Haltonspc>
- **Instagram:** <https://www.instagram.com/haltonspc/>
- **Twitter:** <https://twitter.com/HaltonSPC>