



Instructions for Letter of Support from Organization

You have been asked to provide a letter of support for an applicant to the Instructors training of the Mental Health First Aid Canada program. If this applicant is successful, they will be providing the Mental Health First Aid Canada course to a variety of groups.

In your letter, please make specific reference to how your organization will support the applicant through: (including but not limited to)

- Providing time to prepare and deliver at least three MHFA Canada courses per year to maintain certified status
- Providing space to hold the MHFA Canada courses

You can also comment on how the applicant fits the criteria to become an MHFA Canada Facilitator:

- Experience in the field of mental health and mental illness
- Good knowledge of mental health disorders and their treatment
- Experience in delivering training/teaching effectively to adult learners
- Experience in networking with community partners
- Knowledge of the range of mental health services
- Good interpersonal and communication skills
- Positive attitudes towards people with mental health problems
- Enthusiasm to reduce stigma/discrimination associated with mental illness
- Good business plan or organizational support to ensure MHFA Canada sustainability

Your letter of support is required for the application to be processed. Please send the letter of support to the applicant. They will be including it in their application package. This package will be submitted by the applicant on our website.

If you have any questions, you can contact us here:

Email: mhfa@mentalhealthcommission.ca

Phone: 1-866-989-3985