



Ontario Shores
Centre for Mental Health Sciences

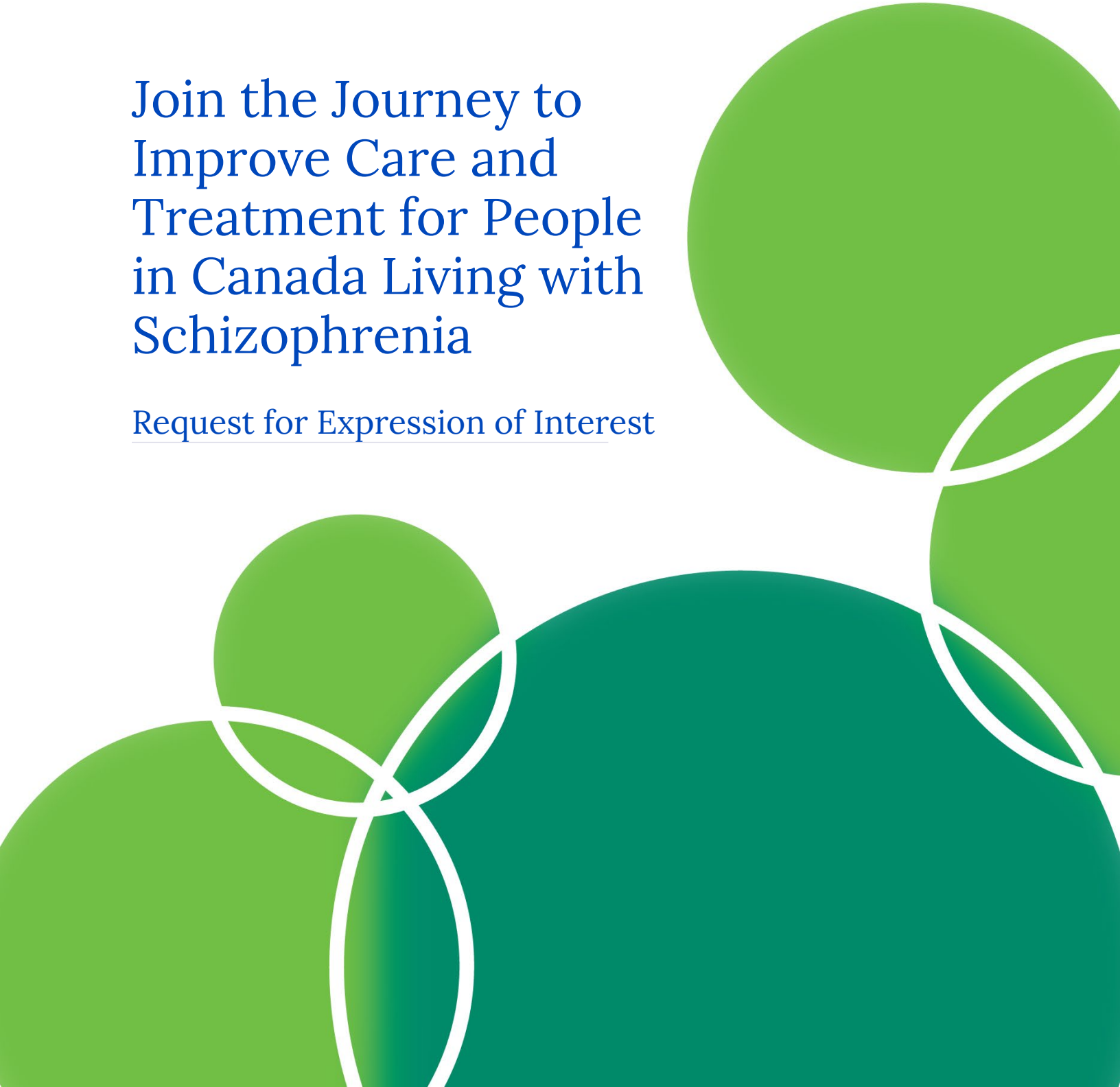


Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Join the Journey to Improve Care and Treatment for People in Canada Living with Schizophrenia

Request for Expression of Interest



Introduction

Schizophrenia is associated with premature mortality and a high disease burden. Even though well-established evidence exists to guide the care of adults with schizophrenia, gaps in support for these individuals continue, and the services that are available in different communities vary widely. According to national data, in 2016-17 one out of every 100 Canadians was living with schizophrenia.

The Mental Health Commission of Canada (MHCC) and Ontario Shores Centre for Mental Health Sciences (Ontario Shores) are inviting health-care organizations to submit expressions of interest to join a national demonstration project that will improve care and treatment for people in Canada living with schizophrenia.

The MHCC and Ontario Shores are collaborating to expand the implementation of Health Quality Ontario's Schizophrenia Quality Standards (the Standards) to sites across Canada. The two Standards, which are informed by best practices, the best available current evidence, and guidance from the National Institute for Health and Care Excellence (NICE), are actionable and measurable. They include a series of [11 statements on the care of adults with schizophrenia in hospital](#) and [15 statements on the care of adults with schizophrenia in the community](#).

We are seeking **four** sites to implement the Standards. Participating sites can either implement both Standards or focus on the Standard with the greatest impact for their organization. The MHCC and Ontario Shores will provide tools, education, training, and change management support to enable sites to implement the Standards. Each site will benefit from a customized approach based on their specific organizational and regional needs.

The Opportunity

Become a champion and contribute to the widespread implementation of standardized care countrywide!

This is a *low-barrier, cost-neutral* opportunity for health-care and community organizations to become regional leaders in the care and treatment of persons living with schizophrenia.

The scope of work will include the implementation of the Standards to improve care delivery and outcomes. Participating sites will be required to report regularly on process and outcome measures to monitor the effectiveness of the implementation and to identify the need for any adjustments. Following an initial assessment, the MHCC and Ontario Shores will offer support to selected sites based on their needs.

Participation may include the following benefits:

- All expenses paid learning events and customized core training as part of a national CoP
- Tailored CoP meetings with opportunities for networking and knowledge exchange
- Implementation support, including tools and materials specific to each site and region

- Coaching and training for interprofessional teams
- Access to an evaluation specialist to tailor measurement, data collection, and sampling support to community needs
- Support from mentors with experience in peer support and engaging people with lived and living experience, families, and caregivers
- Psychotherapy training in cognitive behavioural therapy for psychosis (CBTp) and family intervention therapy (FIT) (with cognitive remediation also potentially available)
- Electronic medical record (EMR) templates and tools
- Change management support for interprofessional clinical and medical leaders
- Virtual or in-person site visits to support implementation

Timeline of project: 18 months (to conclude in March 2025)

How to apply

SUBMISSION DEADLINE: JULY 28, 2023

Please submit your expression of interest to Cléo Edgington at cedgington@mentalhealthcommission.ca. A confirmation email with next steps will follow.

Please include:

- Your letter of interest outlining your organization's commitment to improving care for individuals living with schizophrenia.

Also helpful:

- The name and role of the identified executive-level leader who will act as project sponsor at your organization
- A description of your organization's current schizophrenia treatment program and any relevant experience, accreditation, or unique components
- Your organization's volumes of patients with schizophrenia (inpatient, outpatient, or both)
- A proposed list of staff (including titles) members who will be participating in the implementation of the Standards, if available.

For additional information, please contact:

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**Mental Health Commission
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Mental Health Commission of Canada, 2023

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