



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Join Canada's First National Community of Practice for Community-Led Approaches to Suicide Prevention and Life Promotion

The Roots of Hope National Community of Practice (NCoP)

The NCoP brings Roots of Hope communities together to engage in peer-to-peer support and connect representatives, researchers, regional stakeholders, and people with lived experience to help advance implementation and action plans and inform future of Roots of Hope initiatives.

The Mental Health Commission of Canada (MHCC) sees these connections as a way for each community to sustain their local momentum while participating in a national movement and conversation on suicide prevention and life promotion.





Schedule

NCoP meetings will take place virtually once each quarter (over Zoom). MHCC staff will set dates and times according to representatives' availability.

NCoP Objectives

The main objectives for the Roots of Hope National Community of Practice are:

- Create a peer-based network of communities across Canada.
- Engage with one another under a shared domain of implementing the Roots of Hope model.
- Facilitate group problem solving and relationship building to meet relevant goals.
- Help each other collectively overcome implementation barriers.
- Pursue shared interests through joint activities, knowledge exchange, and learning.
- Support the development of a sustainable Roots of Hope model across Canada.
- Build a shared inventory of resources and ideas for implementing Roots of Hope.

NCoP Benefits

- Increasing connections and collaboration with like-minded and resourceful representatives
- Exchanging knowledge, best practices, ideas, and evaluation plans
- Accessing new and existing MHCC tools and resources
- Engaging in collaborative strategic discussions with the MHCC on community action plans
- Receiving MHCC support to provide links and feedback on future funding opportunities.
- Connecting to other opportunities such as research, events, webinars, training, and workshops



Contact us at
rootsofhope@mentalhealthcommission.ca
to join the NCoP!



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