Mental Health Commission of Canada | Commission de la santé mentale du Canada

STIGMA-FREE & INCLUSIVE: A PATHWAY TO QUALITY HEALTH CARE

Vancouver Workshop – February 24, 2025

Time: **8:30 AM – 4:00 PM**

Location: **Blue Horizon Hotel (***Map here*)
Garibaldi Room – 31ST Floor
1225 Robson Street
Vancouver, BC V6E 1C3

AGENDA

Workshop Speakers:

- Anita David, MHCC
- Hannah Kohler, MHCC
- Elder Roberta Price
- Stephanie Knaak, MHCC
- Nitika Rewari, MHCC
- Kamlesh Tello, MHCC

Time	Session	Speaker
8:30 – 8:45 AM	**Check-in & Breakfast – hot breakfast provided**	
8:45 – 9:15 AM	Welcome & Opening Remarks	Nitika Rewari & Elder Roberta Price
9:15 – 9:25 AM	**Activity:** Ice Breaker	
9:25 – 11:15 AM	Understanding Structural Stigma *(includes health break)*	Stephanie Knaak & Hannah Kohler
10:00 –10:15 AM	**Health Break – light refreshments provided**	
11:15 AM – 12:00 PM	Quality Mental Health Care	Kamlesh Tello & Anita David
12:00 – 1:00 PM	**Lunch Break – light lunch provided**	
1:00 – 2:00 PM	Measuring Structural Stigma	Stephanie Knaak & Anita David
2:00 – 2:15 PM	Bridging Structural Stigma and Quality Improvement	Hannah Kohler & Anita David
2:15 – 2:30 PM	**Health Break – light refreshments provided**	
2:30 – 3:30 PM	**Activity:** Develop a Quality Improvement Action Plan	
3:30 – 4:00 PM	Closing & Reflections	Elder Roberta Price & Nitika Rewari