

STIGMA-FREE & INCLUSIVE: A PATHWAY TO QUALITY HEALTH CARE

Saskatoon Workshop – April 29, 2026

Time: 8:30 AM – 4:00 PM

Location: The World Trader Centre Saskatoon at Prairieland
([Map here](#))
Terrace, 2nd Floor
503 Ruth Street West
Saskatoon, SK S7K 4E4

AGENDA

Workshop Speakers:

- Cheryl Pollard, MHCC
- Hannah Kohler, MHCC
- Elder Frank Badger
- Stephanie Knaak, MHCC
- Kamlesh Tello, MHCC

Time	Session	Speaker
8:30 – 8:45 AM	Check-in & Breakfast – hot breakfast provided	
8:45 – 9:15 AM	Welcome & Opening Remarks	Kamlesh Tello & Elder Frank Badger
9:15 – 9:25 AM	Activity: Ice Breaker	
9:25 – 11:15 AM	Understanding Structural Stigma (<i>includes health break</i>)	Stephanie Knaak & Hannah Kohler
10:00 – 10:15 AM	Health Break – light refreshments provided	
11:15 AM – 12:00 PM	Quality Mental Health Care	Hannah Kohler & Cheryl Pollard
12:00 – 1:00 PM	Lunch Break – light lunch provided	
1:00 – 2:00 PM	Measuring Structural Stigma	Stephanie Knaak & Cheryl Pollard
2:00 – 2:15 PM	Bridging Structural Stigma and Quality Improvement	Hannah Kohler & Cheryl Pollard
2:15 – 2:30 PM	Health Break – light refreshments provided	
2:30 – 3:30 PM	Activity: Develop a Quality Improvement Action Plan	
3:30 – 4:00 PM	Closing & Reflection	Kamlesh Tello